



Hug Around the Neck Pillow

Pillow Size: 15" x 12"

This easy pillow is perfect for beginners and can be made in an afternoon! Show them you love and support them with this heart-felt project!



featuring Marcus Fabrics'
Soulful Shades of Pink!

A portion of all sales of Soulful
Shades of Pink will be donated to
support breast cancer research

Supply List (based on 40" wide fabric):

(5) 2½" strips

1 fat quarter pillow backing

⅛ yard scrap for handle and heart (optional)

Polyester Fiberfill for pillow stuffing

You add the magic ingredient: Love!

We hope you enjoy this free pattern from Poorhouse Quilt Designs!

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General Cutting Instructions:

- Use a clear ruler to cut all pieces with rotary cutter moving away from you.
- Read through all cutting instructions before you begin.
- Be careful not to include the selvages in your pieces.

Rotary Cutting	
Fabric	Cut
strips (5 different fabrics)	from each 2½" x WOF strip, cut in half to make (2) 2½" x WOFQ strips (WOFQ or width of fat quarter= 21" or half the width)
Scrap for Handle	4½" x 12" rectangle

Unless otherwise noted, use a ¼ " seam throughout this pattern.

1. Prepare strip sets:

- Stitch strips together to form a set of 5. Press seams in the same direction.
- Repeat (in same order) to make another set of 5 (Fig. 1a), now press seams for your second set in the opposite direction.
- Place strip sets right sides together (Fig. 1b) so that seams match. Because you pressed the seams in opposite directions, seams should nestle up together. Pin strip sets together at the top and the bottom (Fig. 1c).



Fig. 1a



Fig. 1b



Fig. 1c



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2. Create Pillow Shape:

- Create template as shown on template on page 5 and 6.
- Pin the template on top of the strip sets (Fig. 2a) and cut out 2 Pillow shapes at the same time (Fig. 2b), that are mirror images. Rotate template as shown in Figure 2a, so that you have a diagonal design.
- Place the Half Heart Shapes right sides together and sew the center seam together (Fig. 2c).

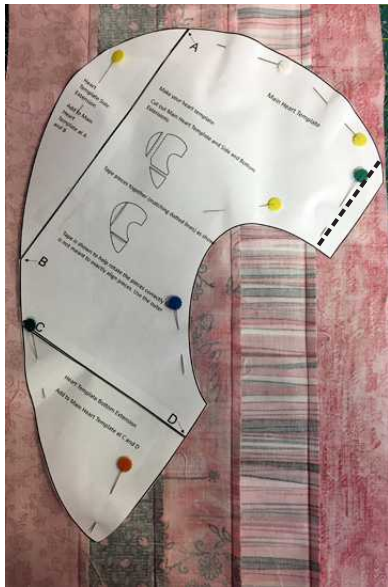


Fig. 2a



Fig. 2b



Fig. 2c

3. Optional Applique and Handle

- Applique Heart as desired (Fig. 3a). We used a blanket stitch and of course, love!
- Press center line in handle rectangle and bring raw edges to meet in center (Fig. 3b).
- Fold in half again to encase raw edges and topstitch both long edges (Fig. 3c).
- Stitch handle to front, positioned at the center top, 4" apart (Fig. 3d).



Fig. 3a

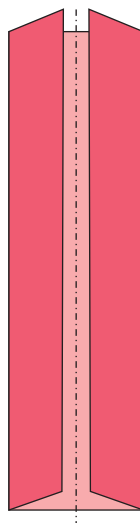


Fig. 3b



Fig. 3c



Fig. 3d

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4. Complete the Pillow:

- Place on backing right sides together and pin thoroughly. Stitch around the outer edges (backstitch at the beginning and end of stitching) and leave a 6" opening (Fig. 4a).
- Stuff your pillow with polyester fiberfill (Fig. 4b) - use a wooden stick to get the fill into narrow areas at the center seam of the pillow. Use small clumps of fiberfill so that you can fill the side of the pillow opposite the opening first.
- Hand stitch the opening closed. That's it - eady for giving!



Fig. 4a



Fig. 4b

Done and ready to give!



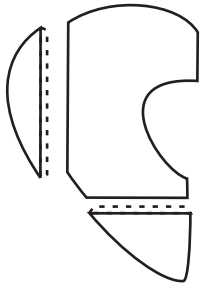
Half Heart Template

A

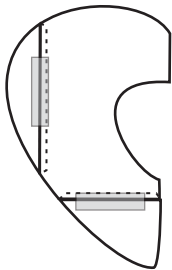
Center Seam

Make your heart template:

Cut out Half Heart Template (this page) and Side and Bottom Extensions from page 5.



Tape pieces together (matching dotted lines) as shown.



B

C

D

